

# Fully loaded fries to fill you up

By [Katie Dillon](#) 7:11 PM, AUG. 22, 2016

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## Intro

### Loaded fries are one of life's great comfort foods.

While our neighbors to the north blessed us with poutine — mercifully, not difficult to find around town lately — the Southwest takes credit for our beloved carne asada rendition. (Many believe San Diego is the true birthplace, but hard proof is tough to come by). As if that's not enough, local restaurants on this list have also loaded fries with the likes of bacon, duck fat, pulled pork, beer cheese and more. Yum. In no particular order, here are some favorites.

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## Truffle duck fat fries

The California cuisine at Common Theory Public House is known for global influences. It's no surprise, then, that the already-amazing truffle duck fat fries are piled high with duck confit, drizzled in truffle oil, and seasoned with garlic. It would pair nicely with one of the more than 30 rotating craft beers, no?

Common Theory Public House: 4805 Convoy St., Kearny Mesa,  
[commontheorysd.com](http://commontheorysd.com)